

The background is a composite image. The top left shows a line of yellow school buses, with the number '32' visible on the front of the closest one. The bottom left shows a classroom with blue walls, decorated with colorful balloons and framed pictures. There are several small tables and chairs arranged in the room.

Child and Adult Care Food Program



Kentucky Department of
EDUCATION

Purpose of the CACFP

Assist Childcare centers, day care homes, head starts, at risk after school programs, emergency shelters, and adult day care centers in providing nutritious meals to their participants through reimbursement for provision of healthy meals.

CACFP Funding and Regulatory Authority

- National School Lunch Act
- Child Nutrition Reauthorization
- United States Department of Agriculture (USDA) – Food and Nutrition Services (FNS)
- Regulated by 7 CFR part 226
- Administered by the Kentucky Department of Education

Eligible Site Types

- Child Care Center
- At-Risk After School Program
- Emergency Shelter/Homeless Shelter
- Head Start and State Funded Preschool
- Adult Day Care Center
- Family Day Care Home

Child Care Centers

- Age 12 years and under or children of migrant workers 15 and under; or mentally/physically disabled persons under 18 yrs.
- Meal reimbursement rates are determined by income
- May serve 2 meals and a snack per day.

For Profit - 25% of the children must be eligible for free or reduced-price meals.

This is not a requirement for non-profits.

At-Risk After School Program

- Must provide enrichment activities afterschool or on weekends, holidays, or school vacations during the regular school year.
- Must be located in the attendance area of a school where at least fifty percent of the children are eligible for free or reduced-price meals based on the National School Lunch Program Qualifying Data.
- Serve children up to the age of 18 yrs.
- May serve one meal and one snack per day.
- All meals are reimbursed at the free rate.

Emergency Shelter/Homeless Shelter

- Children through age 18.
- May serve up to three meals per day
- All meals are reimbursed at the free rate.

Head Start and State Funded Preschool

- Federal or State funded centers.
- May serve 2 meals and a snack per day.
- Head Starts - All meals are reimbursed at the free rate.
- State Funded Preschools are reimbursed based on household income.

Adult Day Care Centers

- Serve adults over 60 years and adults over 18 years who are disabled.
- Under 60 years of age must have a care plan.
- Meals are reimbursed at the rate determined by household income.
- May serve two meals and one snack per day.

Family Day Care Home

- Age 12 years and under or children of migrant workers 15 and under; or mentally/physically disabled persons under 18 yrs.
- Two meals and one snack can be served.
- Meal rates are determined by Tiers.

Options for Participation

1. A sponsor may participate under a State Agency approved and participating sponsoring organization (SO).
2. A sponsor may apply directly with the State Agency.

All centers that inquire are given both options with the exception of family day care homes. Family day care homes are required by 7 CFR 226.18(b) to participate with an SO.

Sponsoring Organization Participation

- The SO provides training, technical assistance, monitoring and filing of claims for the center.
 - A SO for centers may take up to 15% of the reimbursement for administrative expenses.
 - For Day Care Homes, the SO receives a separate administrative allowance.

Requirements for Applying as a Sponsor

- Submit financial records to prove financial viability. 7 CFR 226.6(b)(1)(xviii)(A)
 - Financial records for the previous three months are requested and reviewed
 - A budget is submitted.
 - Must demonstrate need for service.
- Prove Administrative Capability and Program Accountability per 7 CFR 226.6(b)(1)(xviii)(B) and (C)
 - Provide documentation that shows an adequate plan for operation including staffing and policies and procedures.

CACFP Centers Served: Federal Fiscal Year 2022

- Total Number of Sites – 1,885
 - Adult Day Care – 92
 - At-Risk Afterschool Program – 613
 - Child Care Centers – 726
 - Emergency Shelters – 13
 - Head Starts -236
 - Day Care Homes - 205

Average Daily Attendance: FFY22

- Total 73,896
 - 1,856 Adult Day Cares
 - 34,080 At Risk After School Programs
 - 31,064 Child Cares
 - 6,702 Head Starts
 - 194 Emergency Shelters

Other FY22 Data:

- 23,327,960 meals per year
- \$41 Million in Reimbursement

Funding

- Approved sponsors file an electronic claim for reimbursement for creditable meals served.
- The state agency receives the electronic claim and processes payments to the sponsor.

CHILD AND ADULT CARE FOOD PROGRAM (CACFP)						
<i>Per Meal Rates in Whole or Fractions of U.S. Dollars</i>						
<i>Effective from July 1, 2022-June 30, 2023</i>						
CENTERS	BREAKFAST		LUNCH AND SUPPER		SNACK	
Paid	\$0.45		\$0.47		\$0.19	
Reduced	\$1.91		\$3.63		\$0.64	
Free	\$2.21		\$4.03		\$1.18	
Cash in Lieu			\$0.30			
Day Care Homes	BREAKFAST		LUNCH AND SUPPER		SNACK	
	TIER I	TIER II	TIER I	TIER II	TIER I	TIER II
	\$1.66	\$1.66	\$3.04	\$3.04	\$0.97	\$0.97
ADMINISTRATIVE REIMBURSEMENT RATES FOR SPONSORING ORGANIZATIONS OF DAY CARE HOMES			INITIAL	NEXT	NEXT	EACH ADDL
<i>Per Home/Per Month Rates in U.S. Dollars</i>			50	150	800	
			\$137	\$104	\$81	\$72

The Keep Kids Fed Act of 2022 (P.L. 117-158) provides an additional 10 cents for each meal and supplement served and allows tier II day care homes to be reimbursed at the tier I rate for the time period starting July 1, 2022 ending on June 30, 2023.



**INCOME ELIGIBILITY GUIDELINES
For Child and Adult Day Care Centers
(FOR INTERNAL/OFFICE USE ONLY)**

INCOME ELIGIBILITY SCALE

The eligibility scale is for determining participating children's eligibility category for federal meal reimbursement if they are not recipients of SNAP (Formerly food stamps) or K-TAP. Participants from households with total gross incomes at or below the following levels may be eligible for free or reduced-price reimbursement rates.

Income Guidelines for Free/Reduced Price Meals Effective July 1, 2022-June 30, 2023				
Household Size	Free Meals		Reduced Price Meals	
	Monthly	Yearly	Monthly	Yearly
1	\$1,473	\$17,667	\$2,096	\$25,142
2	\$1,984	\$23,803	\$2,823	\$33,874
3	\$2,495	\$29,939	\$3,551	\$42,606
4	\$3,007	\$36,075	\$4,279	\$51,338
5	\$3,518	\$42,211	\$5,006	\$60,070
6	\$4,029	\$48,347	\$5,734	\$68,802
7	\$4,541	\$54,483	\$6,462	\$77,534
8	\$5,052	\$60,619	\$7,189	\$86,266
For each additional family member add:	\$512	\$6,136	\$728	\$8,732

* The term "household" means a group of related or unrelated individuals who are not residents of an institution or boarding house but who are living as one economic unit, sharing housing and all significant income and expenses.

For Childcares:	For Adult Day Cares
<p>Note: Children that are recipients of the following programs are automatically eligible for the free reimbursement rate:</p> <ul style="list-style-type: none"> • SNAP (formerly known as Food Stamps) • Kentucky Transitional Assistance Program (K-TAP) • Foster Care Program • Head Start or Even Start 	<p>*Functionally impaired adults living with their parents are considered a "family" separate from their parents for the purpose of determining family-size and income.</p> <p>Note: Participants that are recipients of the following programs are automatically eligible for the free reimbursement rate:</p> <ul style="list-style-type: none"> • SNAP (formerly known as Food Stamps) • SSI • Medicaid

Record Keeping Requirements

- Documentation to support claims must be kept on file.
- Retention is required for the current year plus the three prior years.

Nutrition Requirements

- Aligns with WIC, the Dietary Guidelines for Americans, and the American Academy of Pediatrics Recommendations.

Meal Patterns

BREAKFAST

Meal Pattern for Children and Adults

	Ages 1-2	Ages 3-5	Ages 6-12	Ages 13-18 ¹ (at-risk afterschool programs and emergency shelters)	Adult
Food Components and Food Items ²	Minimum Quantities				
Fluid milk ³	4 fl oz	6 fl oz	8 fl oz	8 fl oz	8 fl oz
Vegetables, fruits, or portions of both ⁴	¼ cup	½ cup	½ cup	½ cup	½ cup
Grains (oz eq) ^{5,6,7}					
Whole grain-rich or enriched bread	½ slice	½ slice	1 slice	1 slice	2 slices
Whole grain-rich or enriched bread product, such as biscuit, roll, muffin	½ serving	½ serving	1 serving	1 serving	2 servings
Whole grain-rich, enriched, or fortified cooked breakfast cereal ⁸ , cereal grain, and/or pasta	¼ cup	¼ cup	½ cup	½ cup	1 cup
Whole grain-rich, enriched, or fortified ready-to-eat breakfast cereal (dry, cold) ^{8,9}					
Flakes or rounds	½ cup	½ cup	1 cup	1 cup	2 cups
Puffed cereal	¾ cup	¾ cup	1¼ cups	1¼ cups	2½ cups
Granola	⅛ cup	⅛ cup	¼ cup	¼ cup	½ cup



LUNCH AND SUPPER

Meal Pattern for Children and Adults

	Ages 1-2	Ages 3-5	Ages 6-12	Ages 13-18 ¹ (at-risk afterschool programs and emergency shelters)	Adult
Food Components and Food Items ²	Minimum Quantities				
Fluid milk ³	4 fl oz	6 fl oz	8 fl oz	8 fl oz	8 fl oz ⁴
Meats/meat alternates Edible portion as served:					
Lean meat, poultry, or fish	1 oz	1½ oz	2 oz	2 oz	2 oz
Tofu, soy products, or alternate protein products ⁵	1 oz	1½ oz	2 oz	2 oz	2 oz
Cheese	1 oz	1½ oz	2 oz	2 oz	2 oz
Large egg	½	¾	1	1	1
Cooked dry beans or peas	¼ cup	⅜ cup	½ cup	½ cup	½ cup
Peanut butter or soy nut butter or other nut or seed butters	2 Tbsp	3 Tbsp	4 Tbsp	4 Tbsp	4 Tbsp
Yogurt, plain or flavored, unsweetened or sweetened ⁶	4 oz or ½ cup	6 oz or ¾ cup	8 oz or 1 cup	8 oz or 1 cup	8 oz or 1 cup
The following may be used to meet no more than 50 percent of the requirement: Peanuts, soy nuts, tree nuts, or seeds, as listed in program guidance, or an equivalent quantity of any combination of the above meat/meat alternates (1 oz of nuts/seeds = 1 oz of cooked lean meat, poultry, or fish)	½ oz = 50%	¾ oz = 50%	1 oz = 50%	1 oz = 50%	1 oz = 50%
Vegetables ⁷	⅓ cup	¼ cup	½ cup	½ cup	½ cup
Fruits ^{7,8}	⅓ cup	¼ cup	½ cup	½ cup	½ cup



LUNCH AND SUPPER

Meal Pattern for Children and Adults (continued)

	Ages 1-2	Ages 3-5	Ages 6-12	Ages 13-18 ¹ (at-risk afterschool programs and emergency shelters)	Adult
Food Components and Food Items ²	Minimum Quantities				
Grains (oz eq) ^{9,10}					
Whole grain-rich or enriched bread	½ slice	½ slice	1 slice	1 slice	2 slices
Whole grain-rich or enriched bread product, such as a biscuit, roll, or muffin	½ serving	½ serving	1 serving	1 serving	2 servings
Whole grain-rich, enriched or fortified cooked breakfast cereal, ¹¹ cereal grain, and/or pasta	¼ cup	¼ cup	½ cup	½ cup	1 cup

¹ Larger portion sizes than specified may need to be served to children 13 through 18 years old to meet their nutritional needs.



SNACK

Meal Pattern for Children and Adults

(Select 2 of the 5 components for a reimbursable snack)

	Ages 1-2 ²	Ages 3-5	Ages 6-12	Ages 13-18 ¹ <small>(at-risk afterschool programs and emergency shelters)</small>	Adult
Food Components and Food Items ²	Minimum Quantities				
Fluid Milk ³	4 fl oz	4 fl oz	8 fl oz	8 fl oz	8 fl oz
Meats/meat alternates					
Lean meat, poultry, or fish	½ oz	½ oz	1 oz	1 oz	1 oz
Tofu, soy product, or alternate protein products ⁴	½ oz	½ oz	1 oz	1 oz	1 oz
Cheese	½ oz	½ oz	1 oz	1 oz	1 oz
Large egg	½	½	½	½	½
Cooked dry beans or peas	⅓ cup	⅓ cup	¼ cup	¼ cup	¼ cup
Peanut butter or soy nut butter or other nut or seed butters	1 Tbsp	1 Tbsp	2 Tbsp	2 Tbsp	2 Tbsp
Yogurt, plain or flavored unsweetened or sweetened ⁵	2 oz or ¼ cup	2 oz or ¼ cup	4 oz or ½ cup	4 oz or ½ cup	4 oz or ½ cup
Peanuts, soy nuts, tree nuts, or seeds	½ oz	½ oz	1 oz	1 oz	1 oz
Vegetables ⁶	½ cup	½ cup	¾ cup	¾ cup	½ cup
Fruits ⁶	½ cup	½ cup	¾ cup	¾ cup	½ cup
Grains (oz eq) ^{7,8}					
Whole grain-rich or enriched bread	½ slice	½ slice	1 slice	1 slice	1 slice
Whole grain-rich or enriched bread product, such as biscuit, roll, or muffin	½ serving	½ serving	1 serving	1 serving	1 serving
Whole grain-rich, enriched or fortified cooked breakfast cereal, ⁹ cereal grain, and/or pasta	¼ cup	¼ cup	½ cup	½ cup	½ cup



SNACK

Meal Pattern for Children and Adults (continued)

	Ages 1-2 ²	Ages 3-5	Ages 6-12	Ages 13-18 ¹ (at-risk afterschool programs and emergency shelters)	Adult
Food Components and Food Items ²	Minimum Quantities				
Whole grain-rich, enriched or fortified ready-to-eat breakfast cereal (dry, cold) ^{9,10}					
Flakes or rounds	½ cup	½ cup	1 cup	1 cup	1 cup
Puffed cereal	¾ cup	¾ cup	1¼ cups	1¼ cups	1¼ cups
Granola	⅓ cup	⅓ cup	¼ cup	¼ cup	¼ cup



Questions

Elizabeth Fiehler

Child and Adult Care Food Program Manager

Elizabeth.Fiehler@education.ky.gov